



LEMON WELL MED  
Zest for Wellness

# MED AUDIOCOLOR



Real-time  
neurofeedback  
rejuvenating  
brain and body



## **What is Neurofeedback and why it is important?**

Neurofeedback is a specific type of biofeedback that provides feedback directly on brain activity, primarily via audio or video feedback. The device monitors the patient's brainwaves in real-time using sensors placed on the head. Did you know that all five key brainwaves work at different frequencies? Each of them becomes predominant during individual states of consciousness and activities.

- Delta waves are the slowest frequency, mostly occurring in our deepest sleep.
- Theta brainwaves are slightly faster and are present when we are sleepy, daydreaming, or focusing.
- Alpha waves occur when we are calm but energised.
- Beta brainwaves are the fastest frequency. It occurs during problem-solving or when we are actively engaged. However, in excess, it leads to anxiety.

Monitoring one's brainwaves can result in healthier and more productive patterns of brainwave activity.

## **How can Med Audiocolor help?**

Med Audiocolor is a real-time neurofeedback software that combines tones and colours for generating healing frequencies. It uses 12 colours in different colour-tone combinations. It is the only device of neurofeedback application in real-time. The EEG analysis and data are simultaneously shown in therapy modulation and therapy by video and audio transmission signals to the client.

There are 4 phases: concentration, relaxation, imagination, and mediation. Meditation is the highest level which is composed of the prior groups. The session can last from 1 to 120 minutes. There is no preset timing, and the application may finish anytime. All five waves are recorded and analysed and purposed for individual training programs. The client's thoughts create and influence the pictures and tones.

## **Benefits**

- Non-invasive, drug and side effect-free treatment solution.
- Strengthens the brain's synaptic connections and may improve mental control.
- Better quality of life as sleeping, mood and mental health improve.
- Easy menu application with built-in support function.
- It can be used anywhere, including work, office, home, and travelling.
- It offers over 50 different programs.

## **Who can use the software?**

We are happily recommending anyone to use Med Audiocolor. It is a non-medical therapeutic application. The objective of the therapy is for the client to generate healing and positive brainwave patterns and utilise the correct brainwaves. Both are essential for focus, organisation, follow-through, emotional regulation, and basic learning functions. It requires practice and creating habits.

Clients struggling with insomnia, brain fog, stress, anxiety, and infertility have reported significant improvements. Med Audiocolor can be used independently or after a detox session with the Med Matrix. The software is very popular in wellness centres, spas, alternative clinics and practices, and in the comfort of your home.

Research has confirmed that we can train our brains to form healthier patterns by observing how the brain responds to visual, video, or auditory stimuli. Over time, the client learns to recognise a certain feeling or state which is re-created in the future.

## **Are you looking to provide a truly holistic service to your patients?**

Look no further! The combined use of the diagnostic and therapeutic devices offers a truly holistic wellness experience to your patients. We invite you to check out the Check Medical Sport and the Test Expert Plus devices for the diagnosis and the combo Med Matrix/Select for the therapy.

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